



# OCTOBER | 2018

## Kirtland High and Middle School Menu

| MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY                              |
|--|--|---|--|-------------------------------------|
| <b>1</b><br>MEATBALL SUB SANDWICH WITH CHEESE AND MARINARA SAUCE<br>Sides Available:<br>Salad Bar, Potato Triangles, Fresh and Assorted Fruit<br>Choice of Milk  | <b>2</b><br>POPCORN CHICKEN BOWL WITH MASHED POTATOES AND ROLL<br>Choice of Sides:<br>Salad Bar, Golden Corn, Fresh and Assorted Fruit<br>Choice of Milk                       | <b>3</b><br>SUPER NACHO'S WITH BEEF, CHEESE, AND TORTILLA CHIPS<br>Choice of Sides:<br>Salad Bar, Black Bean Salsa<br>Fresh and Assorted Fruit<br>Choice of Milk  | <b>4</b><br>FOOTLONG HOT DOGS ON BUN<br>Choice of Sides:<br>Salad Bar, Baked Beans, Crispy Potatoes, Fresh and Assorted Fruit<br>Choice of Milk        | <b>5</b><br>DOMINO'S DAY            |
| <b>8</b><br>MACARONI AND CHEESE<br>Choice of Sides:<br>Salad Bar, Garden Peas, Fresh and Assorted Fruit<br>Choice of Milk  | <b>9</b> <u>BREAKFAST FOR LUNCH</u><br>FUNNEL CAKE OR PANCAKES WITH FRUIT TOPPING AND WHIP<br>Choice of Sides: Salad Bar, Potato Triangles, Choice of Fruit<br>Variety of Milk | <b>10</b><br>CHICKEN OR BEEF HARD OR SOFT TACO'S<br>Choice of Sides:<br>Salad Bar, Black Bean Salsa<br>Fresh and Assorted Fruit<br>Choice of Milk                 | <b>11</b><br>HOT AND SPICY CHICKEN FINGERS WITH CORN MUFFIN<br>Choice of Sides:<br>Salad Bar, Baked Beans, Fresh and Assorted Fruit<br>Choice of Milk  | <b>12</b><br>NO SCHOOL<br>NEOEA DAY |
| <b>15</b><br>CRISPY CHICKEN CLUB SANDWICH<br>Choice of Sides:<br>Salad Bar, Baked Beans, Fresh and Assorted Fruit<br>Choice of Milk                              | <b>16</b><br>TERIYAKI CHICKEN BOWL WITH SEASONED RICE<br>Choice of Sides:<br>Salad Bar, Garden Peas, Fresh and Assorted Fruit<br>Choice of Milk                                | <b>17</b><br>SUPER NACHO'S WITH BEEF, CHEESE, AND TORTILLA CHIPS<br>Choice of Sides:<br>Salad Bar, Black Bean Salsa<br>Fresh and Assorted Fruit<br>Choice of Milk | <b>18</b><br>CHICKEN NUGGETS WITH CRISPY POTATOES AND ROLL<br>Choice of Sides:<br>Salad Bar, Carrot Sticks, Fresh and Assorted Fruit<br>Choice of Milk | <b>19</b><br>DOMINO'S DAY           |
| <b>22</b> *NEW PIZZA ITEM<br>BIG DADDY'S BUFFALO PIZZA<br>Choice of Sides:<br>Salad Bar, Veggie Sticks, Fresh and Assorted Fruit<br>Choice of Milk               | <b>23</b><br>POPCORN CHICKEN BOWL WITH MASHED POTATOES AND ROLL<br>Choice of Sides:<br>Salad Bar, Golden Corn, Fresh and Assorted Fruit<br>Choice of Milk                      | <b>24</b><br>CHICKEN OR BEEF BURRITOS<br>Choice of Sides:<br>Salad Bar, Black Bean Salsa<br>Fresh and Assorted Fruit<br>Choice of Milk                            | <b>25</b><br>FOOTLONG HOT DOGS ON BUN<br>Choice of Sides:<br>Salad Bar, Baked Beans, Crispy Potatoes, Fresh and Assorted Fruit<br>Choice of Milk       | <b>26</b><br>DOMINO'S DAY           |
| <b>28</b><br>MEATBALL SUB SANDWICH WITH CHEESE AND MARINARA SAUCE<br>Sides Available:<br>Salad Bar, Potato Triangles, Fresh and Assorted Fruit<br>Choice of Milk | <b>30</b><br>TERIYAKI CHICKEN BOWL WITH SEASONED RICE<br>Choice of Sides:<br>Salad Bar, Garden Peas, Fresh and Assorted Fruit<br>Choice of Milk                                | <b>31</b><br>SUPER NACHO'S WITH BEEF, CHEESE, AND TORTILLA CHIPS<br>Choice of Sides:<br>Salad Bar, Black Bean Salsa<br>Fresh and Assorted Fruit<br>Choice of Milk |  |                                     |

### SECONDARY MEAL ALTERNATES

- Crispy Chicken Sandwich
- Smucker's Uncrustable P.B. & J Sandwich Jumbo 5.5 oz
- Cheeseburger on Bun
- Various Wraps

### "NEW OPTION THIS YEAR"

#### BISTRO BOX MEALS

Here is a complete meal with options that can include Hummus, or Turkey and Cheese, Various Raw Veggies, Fruit, Crackers, and Choice of milk

Complete salad bar available daily and choice of 2 fruits with a choice of milk come will all meals.

### BREAKFAST IS OFFERED DAILY

Kirtland has breakfast available daily for all Middle and High School students at the Kirtland High cafeteria.

A variety of breakfast grain items, fruit, juice, and milk as well as an Enhanced breakfast with fruit and yogurt smoothies is also available.

Breakfast is an important meal to kick off your instructional day. I hope you will give ours a try.

LUNCH WITH MILK \$3.50  
 BREAKFAST/ \$1.90/ENHANCED  
 YOGURT SMOOTHIE \$2.50  
 MILK ONLY .50